

INTERIOR DESIGN[®]

FEBRUARY
2024



major moves



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EDITOR'S welcome

best intentions!



This is it, design fans. February—and the good things that have already come to bear with it—is the definitive tell-all that the new year has caught on and is in full, positive swing. Hooray! The three pennies I had in the market are now pushing to four (with a squillion more to go!). Here in the Catskills, Old Man Winter's locked jaw promises to release soon. And, more importantly for us at Team ID, 2024 projects and products are already piling up high, events and show appointments are multiplying as we speak, and our passports are filling to the brim—another testament to the health of our patch of the industry.

So far, so hunky-dory...well, except for that one small bit, that tiny matter of new year's resolutions. That's where things get a tad fuzzy. Our best-laid wellness plans don't jibe anymore: A newspaper article reveals that routine is not actually good for us; your in-the-know health-guru friend doesn't believe in that other new thingy you wanna do. It's confusing! Sooner said than done, 2025 seems a much better starting block for those commitments and sound ideas that came with the champagne toast, don't you think?

Nah! As the saying goes, there's no time like the present. And besides, our annual wellness coverage is here to help with this very issue! First, we hit the slopes—and find our inner ski bunny—at an Aspen, Colorado, chalet nicknamed the All Inn where we're *all in* with the Scandinavian modern-meets-artsy-meets—"let's have a good time" vibe. A sail down Egypt's Nile River on a Viking Cruise ship features a three-story atrium (and skylights and windows!) that frames jaw-dropping views of hot-air balloons soaring over the Valley of the Kings by day and super-chic suites with walk-in dressing rooms and comfy tip-top bedding by night. To get in shape again, we run to the New Balance TRACK in Boston (inspired by giant shoelaces) and groove at a club-themed New York gym (complete with DJ nights and a fungi-focused café). And finally, for all-around self-care, we showcase a roundup of wellness facilities including a laser clinic in the Ukraine where rugged meets hi-tech and a cozy San Fran dental clinic (called CoZy) with homey fluted millwork and sunny yellow accents that would make any pearly whites smile.

It's true: We may not keep all our resolutions (or any at all, ugh!), but hopefully this supercharged issue will inspire you personally and, better yet, your next best project!

Be healthy! Be happy!
XOXO

Follow me on Instagram @thecindygram



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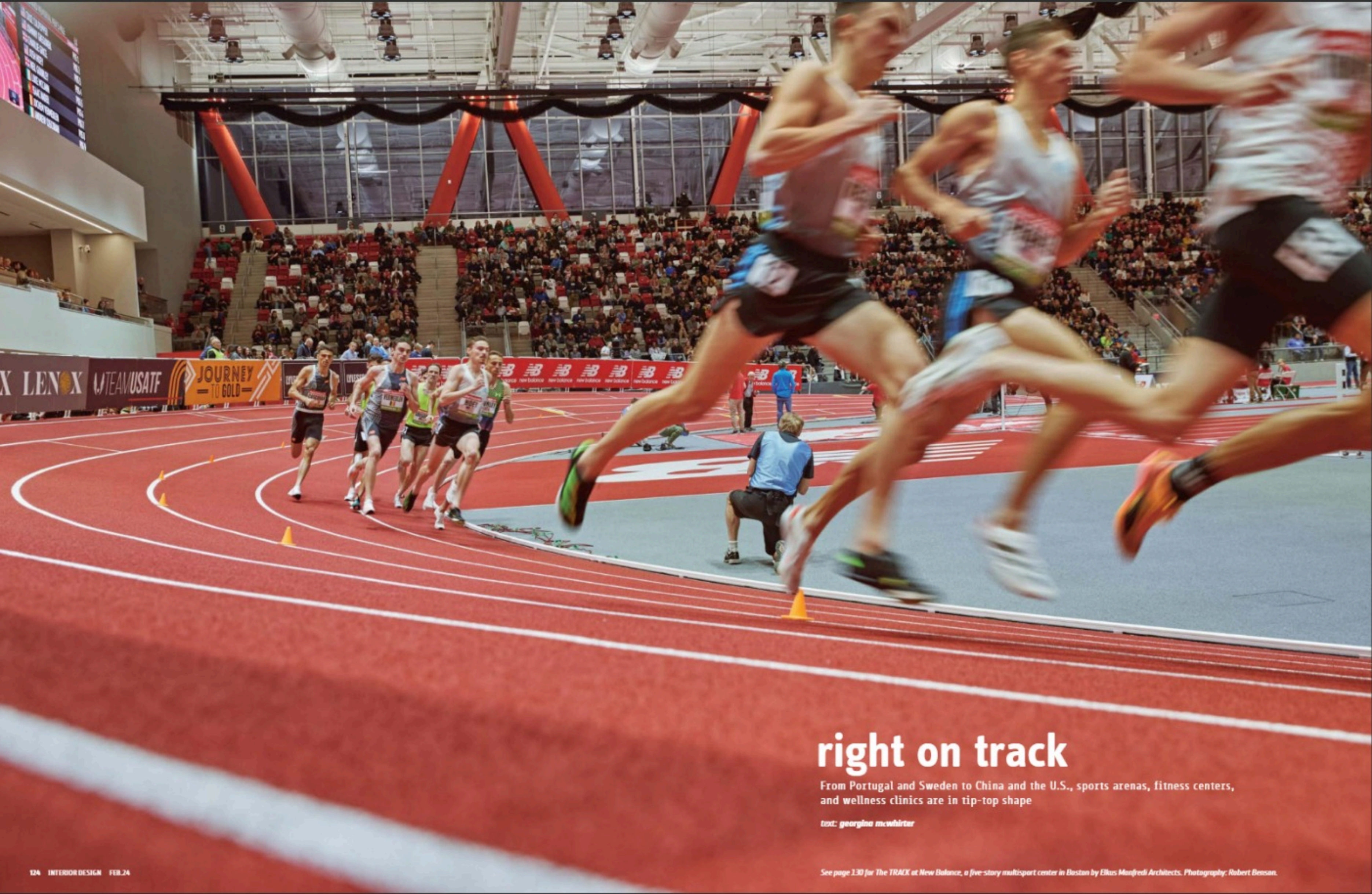


NOVEMBRE 2024

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Walk this way to healthy spaces





right on track

From Portugal and Sweden to China and the U.S., sports arenas, fitness centers, and wellness clinics are in tip-top shape

text: georgina mcwhirter



elkus manfredi architects

project The TRACK at New Balance, Boston.

standout Recalling giant laces, two-story V-shape columns in New Balance red define the sneaker company's 455,000-square-foot center encompassing a research lab, music venue, and the Broken Records beer hall, which coalesce around a 200-meter hydraulic track. In the offseason, other sports prevail: Netting overhead drops down, converting the space into volleyball, basketball, and tennis courts. It's all capped by a roof fitted with nearly 2,500 solar-array modules.

photography Robert Benson. ➔

"We sliced away one end of the building for a grand, welcoming staircase that spills out onto the sidewalk"

